The poem 'Heart, Mind, Body and Soul' by Jen Matteo, with its four references, was the starting point and theme for this year's dance show.

Over the last two terms the Company has been working to create original choreography to present to you tonight. Some of the pieces have been created in dance technique sessions to give the Musical Theatre and the Dance students the opportunity to show their performance skills in different dance styles. Two of the pieces have been developed in collaboration with guest street dance choreographer Samantha Jones. Many of the pieces have been developed independently by Company members and range from the personal to the spectacular. Amado, the student led a Capella choir, will also be performing throughout.

This is an evening of variety, with something to appeal to

Helena Rudd – Director Conservatoire EAST Dance Company

Staff and Guest Choreographers Sarah Berrington Samantha Jones Helena Rudd











